

# HAVE YOU HEARD...



Winter 2015  
Division of Adult Audiology  
Department of Otolaryngology  
Website: [hearing.wustl.edu](http://hearing.wustl.edu)

## NEWS

You can request an appointment on our website: [hearing.wustl.edu](http://hearing.wustl.edu), click on "request an appointment," then choose the location where you would like to be seen and send us your preferred appointment time.

## SERVICES

Washington University and Barnes Jewish Hospital (BJH) offer Audiology services to BJH inpatients. If you, or someone you know, need hearing or hearing aid services while in BJH, please let your physician know.

Audiology newsletters are available online at: [hearing.wustl.edu](http://hearing.wustl.edu)  
Please contact Dr. Jennifer Listenberger:  
[listenbergerj@ent.wustl.edu](mailto:listenbergerj@ent.wustl.edu)  
to add or remove your name from the newsletter list.  
Please let your audiologist know if you would like to receive an electronic (PDF) copy.

## SOCIAL MEDIA

"Like" us on Facebook at "Washington University Adult Audiology" to stay updated on hearing aid technology, assistance devices, current legislation, and research recruitment

## PUBLICATIONS AND PRESENTATIONS

Drs. Kristi Oeding and Michael Valente will present at the American Academy of Audiology (AAA) in San Antonio and American Auditory Society in Scottsdale on *Evaluation of BICROS Amplification with Directional Microphone on the Receiver and Transmitter Side*.

Dr. Michael Valente will be presenting a Learning Module @ AAA on integrating evidence with clinical practice when fitting hearing aids to adult patients. Dr. Valente will also be lecturing in Dubai and Oakland, CA.

A new textbook, *Adult Audiology Casebook*, edited by Drs. Michael and Maureen Valente was published by Thieme Medical Publishers. Within the textbook are excellent contributions by Drs. Alison Brockmeyer, Judy Peterein, Kristi Oeding, Steve Smith, Jennifer Listenberger and Diane Duddy

## CLASSES

### Hearing Aid Orientation

- Thurs., Feb. 19th, 2015
- 2:30-4:00 PM
- 1020 N. Mason Road, Barnes West Medical Office Building # 3, 2nd Floor Conference Room
- This is a free seminar intended to help patients understand hearing aid options
- If you or someone you know would like to attend, please call 314-362-7489.

### Tinnitus, Hyperacusis, and Misophonia: Causes, Diagnosis and Treatment

- Wed., Feb, 18th, 2015
- 1:00-2:30PM
- Center for Advanced Medicine. 3rd Floor Conference Room #1
- This is a free seminar to provide information on current treatment options and research for those with ringing in the ears/sound sensitivity
- If you or someone you know would like to attend, please call 314-362-7489.

## EARTRAK SURVEY

In an effort to provide the best care to our patients, we have partnered with Ear-Trak, an independent data consultant measuring hearing aid outcomes and patient satisfaction. The information for the online Ear-Trak questionnaire (paper-version available as well) is provided after a patient is satisfied with their hearing aids and completed the trial period. This data is then relayed to each audiologist to provide feedback and opportunities for improvement. More information about Ear-Trak pleased visit: <http://www.eartrak.com/>

## OTOTOXIC MONITORING

Many medications can be ototoxic (harmful to hearing) most notably **chemotherapy, radiation, and intravenous (IV) antibiotics**. If you or a family or friend is going to be treated with the above listed type of drugs talk to your physician about getting a baseline hearing test and ongoing monitoring to reduce the likelihood of hearing loss. Have your physician refer you for a hearing test: Call **314-362-7489** if you have any questions.

## STUDENT CORNER

**Farah Dubaybo, B.A.** is an Au.D. student at Washington University

Hearing loss is a complicated condition and can be an emotional subject for those it affects. As an audiology doctoral student, aiding those who wish to improve their quality of life through hearing gives me personal gratification. One of the many challenges that come with graduate study is the translation of schoolwork to clinical application. The opportunity for hands-on clinical experience is the most rewarding element of my graduate coursework, and I have been overwhelmed by support from faculty, staff, and patients at the Center for Advanced Medicine. I have gained invaluable knowledge by working directly with patients under the supervision of **Drs. Alison Brockmeyer, Judy Peterein, and Andrew Schuette**. Navigating hearing loss is a team effort that includes the patient, their family and friends, and audiology. I am fortunate to have been a member of many teams that strive to provide excellent care to all.

## ALERTING SYSTEMS

Hearing Assistive Technology (HAT) is the term used to describe the various devices available to assist with improving hearing in specific listening situations. Alerting HAT allows people with hearing loss to be aware of the many common environmental sounds, such as alarm clocks, smoke detectors, children crying, doorbells or telephones ringing that can be difficult to hear with any degree of hearing loss. These devices will often provide the option to choose an auditory or non-auditory signal (flashing light or vibration) or a combination of signals that are most appropriate for alerting the person using them. Speak with your audiologist regarding the environmental sounds that are difficult to hear and decide if an alerting device is appropriate for you.

## DISCOUNTS

- **15% Wash U discount** for employees and family
- **10% BJC discount** for employees and family
- **5% BJC +/-Oasis discount**, call 314-362-7587 to become a member today.
- Discounts are for purchase of your new hearing aids (earmolds and accessories not included). Please tell us if you qualify